Standardized Pre-Operative Education for Patients, Families and Staff

1. **Pre-Operative Bathing Protocol**
2. **Outpatient**

* Parents will be instructed to bathe/shower their child the night before surgery using their regular soap with attention to proper scrubbing. Parents will be instructed to wash their child’s hair the night before surgery using their child’s usual shampoo.
* A reminder call, the night before surgery, includes instructions to complete the pre-operative bath as discussed above. Surgical admitting will wipe the patient’s skin the morning of surgery with CHG (Sage) wipes based on manufacturer’s recommendations before the patient is transferred to the operating room If patient is allergic to CHG, a soap and water bath will be performed based on amount of time before the surgical procedure. If there is no time for a soap and water bath to be performed, Ready Bath wipes will be used.

1. **Inpatient**
   * Night before surgery: Patient will be given a soap and water bath
   * Day of surgery: Patient’s will have their skin wiped with CHG (Sage) wipes within 6 hours of incision time b.
   * Patient’s allergic to CHG: A soap and water bath will be performed based on the amount of time before the surgical procedure. If there is no time for a soap and water bath to be performed, Ready Bath wipes or sterile gauze/sterile water ) will be used.
2. **Pre/Post -Operative Antimicrobial Protocol:** Please refer to CT surgery antibiotic plans
3. **Intra-Operative Skin Preparation Protocol**

* Chloraprep (CHG) will be used to scrub/paint the surgical site using the Cardiac CHG skin prep procedure, unless a CHG allergy is identified.
* Patients identified to have a CHG allergy will use Betadine to prep the surgical site using the Cardiac OR Betadine skin prep procedure

1. **Discharge Education:** Education will be provided on sternal incision care and sternal precautions, please refer to Heart Institute education.